



V-Cloud System Information

| SYSTEM | REQUIREMENTS |
|--------|---|
| | <p><u>Web browsers</u> Preferred: (any recent version of Chrome or Firefox - Windows, OS X, iOS, Android) Supported: (Safari on OS X or iOS, IE version 10+) Unsupported: (Safari on Windows; IE 9 or less; Edge; Opera; Android browser)</p> <p>For all browsers: JavaScript must be enabled.</p> <p><u>Displays</u> Preferred: Desktop: 20"+ display with 1600x900+ resolution Tablet: 10"+ display with 1024x768+ resolution Supported: Desktop: 18"+ display with 1024x768+ resolution Tablet: 9"+ display with 1024x768+ resolution Unsupported: Any smaller mobile device (e.g. cell phone; smaller tablet) Any desktop with smaller display (size or resolution)</p> |

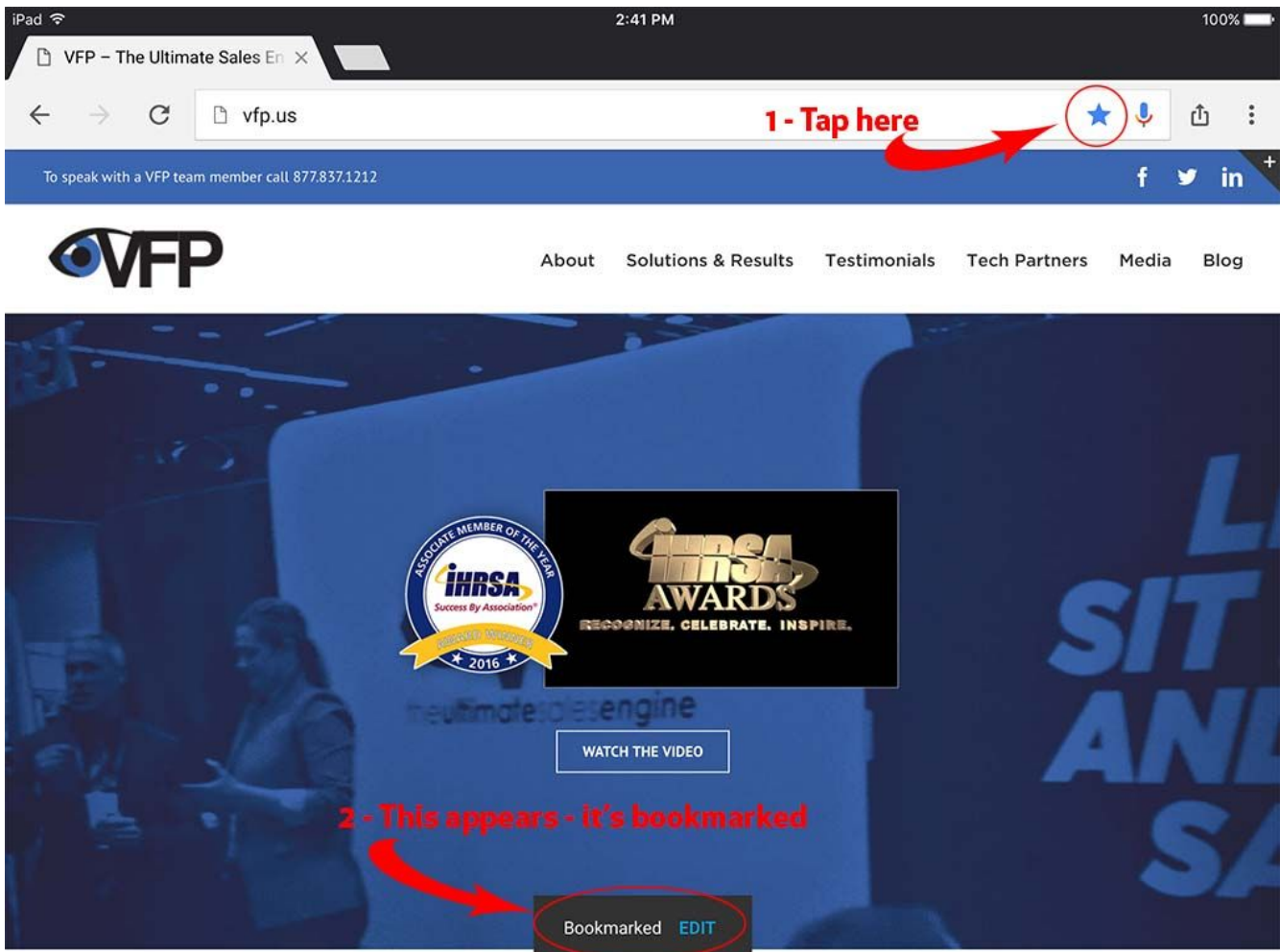
V-Cloud Installation *(next page)*



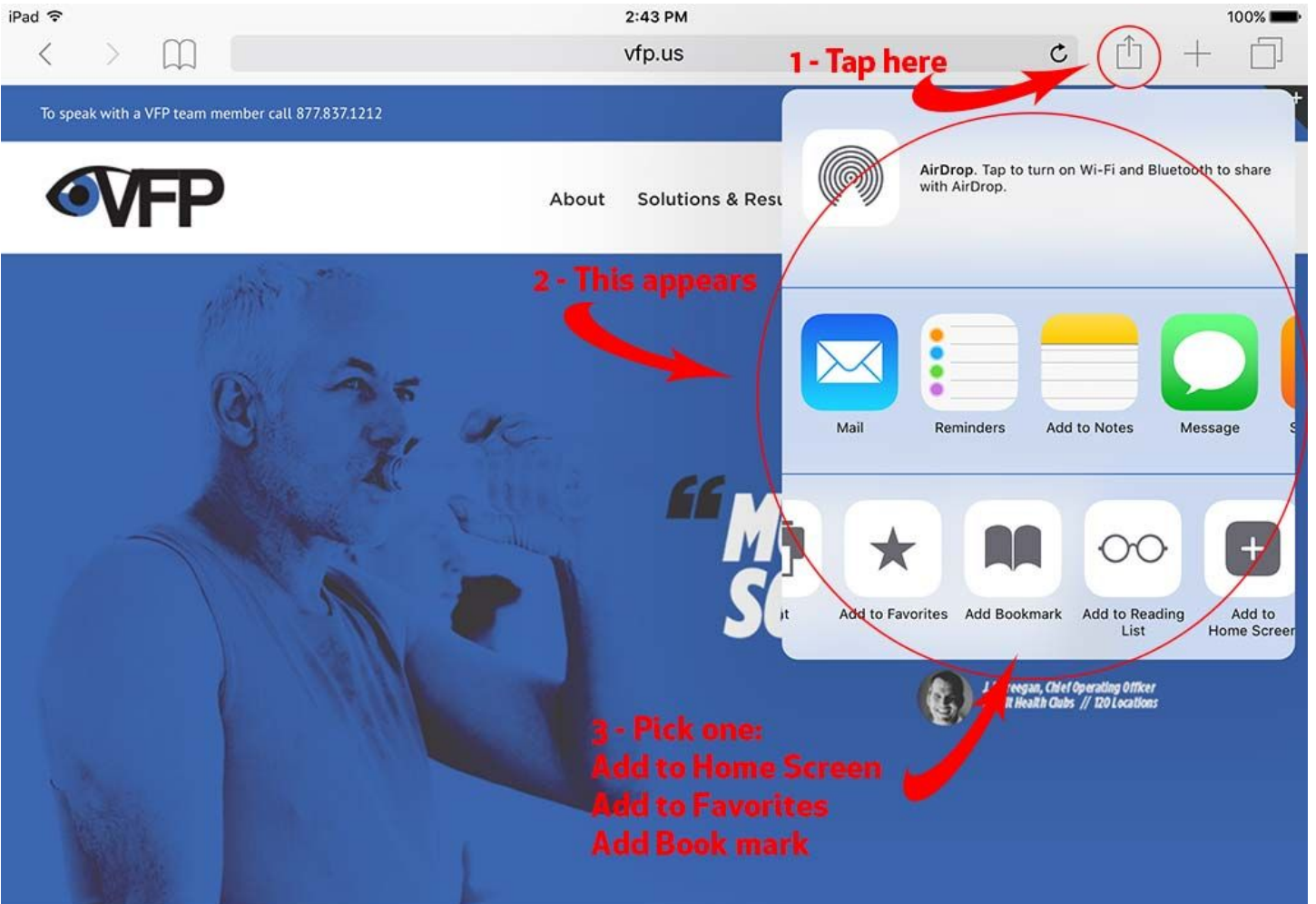
V-Cloud Installation

When you receive the link to your V-Cloud, you may wish to bookmark it, make it a favorite, or save it to your home screen. This may be accomplished in a variety of ways depending on your platform.

Using the Chrome browser (pretty much the same for iPads and desktops) tap on the star upper right, then when you see the “Bookmarked” notice at the bottom of the page, that’ll be fine as a bookmark (or tap edit for more options).



For the Safari browser on an iPad or other iOS device, tap on the share icon upper right. A window will appear with various options, the most relevant to this purpose being “Add to Favorites,” “Add Bookmark,” and “Add to Home Screen.” For devices dedicated to the V-Cloud, we recommend “Add to Home Screen.”



User Access

Any reasonable connection to the web is sufficient to permit operation of the V-Cloud.

Higher levels of bandwidth should reduce slowness, especially for special functions (e.g. reporting).

One aspect of user security Visual Fitness Planner supports for its V-Clouds is an IP address white list. We recommend use of this feature (which involves specifying defined corporate IP addresses or address ranges) to restrict V-Cloud access to authorized personnel and devices only.